

To: All Coaches and Clubs

**From: Curtis Nelson
KCWA Head Official**

This letter is to remind and make clear a few things for our upcoming season

- 1) Table workers, it is suggested the minimum age be 11 years old. If your table workers can not handle the responsibility, your club will need to replace them. Ideally we would like adults.
- 2) If any one from your club would like to volunteer as a ref we will have them work a mat with another Official. The Pay will be decided by Host club.

These will be rules for Coaches/Parents

- 1) All Coaches/Parents to be on the Mat/Floor area will need a Coaches/Parent Band. Red Band are Free with USA Coaches Card. Blue Bands will cost \$10.
- 2) Coaches will not “coach the referee”.
- 3) If a coach has a question about a call – call a conference at the edge of the mat. The conference will be short, if the referee does not agree with the coach no change will be made and wrestling will continue. If you feel it is a misinterpretation of a rule contact me after the match and let me know.
- 4) No derogatory statements to the Referees will be tolerated! Remember these Referees are doing the best job they possibly can and makes the calls as they see it! We all make mistakes and we all strive to make the right calls. The Referee is calling the match as he sees it and understands the rules. If a COACH HAS UNSPORTSMANLIKE CONDUCT HIS COACHES BAND WILL BE PULLED FOR THE DAY! If a Parent from your club has UNSPORTSMANLIKE CONDUCT They will be **Removed from Tournament site!**
- 5) **Please inform your assistants and Parents!!**

Weigh-in Policy

- 1) Wrestlers will weigh-in, in wrestling clothes. Ex: singlet or shorts. **No underwear/naked**
- 2) Skin Check will be conducted-If questionable skin rash is seen the wrestler will not be able to wrestle until note from a Doctor is received or checked by me, telling that area in question is non-contagious. Put a note on the weigh-in card. They can weigh-in but before they will be bracketed we will need the note.
- 3) Wrestlers not making desired weight will not be allowed to go running or try to make weight the next day! **Once they present the weigh-in card it will be kept** and they go to the next weight class. This is a National Rule!

If you have any questions or suggestions please contact me!
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