

KCWA TOURNAMENT DIRECTORS

Here are some things I need done when setting up your tournament.

- 1) Have mat area for wrestlers as big as possible. Lots of small wrestling areas do not make the tournament go faster. (Wrestlers are always out of bounds-instead of wrestling.)
- 2) Need min. 3 feet safety area from edge of mat.
- 3) Tape all mats and safety area well.
- 4) Have starting lines in middle of mat area. Cover them in mat tape. Keep in mind when marking them the area the wrestlers are wrestling in. (mat divided in half is narrow one way and long the other way, mark them so the wrestler have more long way area of the mat.
- 5) When setting up tables and clocks keep in mind spectator view. If on deck wrestlers are in front of spectators they can't see.
- 6) Have staging area in an easy area to get to from the stands.
- 7) When sending bouts to mats. **DO NOT STACK THEM**. Have only one wrestler on deck. Wait till third period or wrestlers are shaking hands. When wrestlers are waiting in line they need to have warm-ups off and ready to wrestle when sent to the mat.
- 8) Have cleaning supplies at each mat. (trash can, disinfect, towels.)
- 9) Have a towel or soft object to tap Ref when time is out.
- 10) Have plenty of pencils, Minimum 3 on a table.
- 11) Have someone checking table area for needs(trash can full, pencils broken, etc)
- 12) Have someone keeping crowd control in Floor area. Maybe have area for coaches to stand when waiting for wrestler to come out of staging.
- 13) Have system to get food and drink to table workers and refs.

WEIGH-INS

PLEASE FOLLOW THESE RULES:

- 1) Wrestlers can not leave weigh-in area once they give weigh-in card.
- 2) Wrestlers must weigh-in in shorts or singlet. **No underwear or getting nude!**
- 3) Do a skin check of wrestler! If questionable, set weigh in card in separate pile. Do not mix them in with others. Put sticky on them for "these wrestler to have skin check done before bracketed". Tell wrestler they need a Dr. Note clearing the skin area in question before they will be allowed to wrestle.

**I WILL CHECK WRESTLER SAT. MORNING. NO NOTE—NO WRESTLE!!!
DO ALLOW THEM TO WEIGH-IN AND MARK CARD!**

These are State and National Rules!!!

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